



**AC PERUGIA**  
INTERNATIONAL  
PROJECT

**PCC** | Pro  
Coaching  
Course

LOCALITY: PERUGIA  
ASSISI (ITALY)

FOR: ATHLETES 14 – 20  
YEARS OLD

DURATION: UNTIL 14 DAYS



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**Coaching Course:**  
ISM is proud to be able to  
share its soccer philosophy  
and its method with the  
Coaches that want to  
improve their soccer  
knowledge.

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AC Perugia "International Project" offers a New Professional Coaching Course based on the training methodology of European Professional Youth Academy and First Teams Club.

This Coaching Course becomes an International Event and allows Coaches from different countries to meet and have the occasion to share their ideas and experiences; they will also have the opportunity to follow and participate to the theoretical and practical training sessions taught by Coaches of AC Perugia.

The Technical Stages that range from one to three weeks are a new experience that we are able to offer the Coaches. The Course for Soccer Coaches consists in theoretical and practical lessons taught in both Italian and English. At the end of the Program, AC Perugia will issue a certificate of attendance to every Coach.





## One week Coaching Course:

The Coaching Course is organized at Perugia at artificial and new youth academy facilities. The main goal of this course is to share Italian football methodology and philosophy. During the week, the course will focus on the training of all ages categories (from U-8 to U-19) and the coaches will have the opportunity to watch a first team training session or an official match.

The Coaching Course consists in theoretical and practical lessons taught in both Italian and English. At the end of the program ISM and "OUR CLUB-PRO PARTNERS" will grant a certificate to each participant.

Duration	Locality	Price
6 days / 5 night	Perugia (Italy)	€ 700,00



## Annual Coaching Course:

From this year, AC Perugia gives the coaches the opportunity to do a technical stage directly in Italy from 3 to 9 months.

By attending a long term coaching course, coaches have the opportunity to live daily ISM reality and observe Italian professional clubs of Serie A, B and C .

At the course they will study subjects such as:

Sports Psychology, Training Planning Process, Training Methodology, Women Soccer, Goalkeeper Training, Match Analysis, Sports Medicine, Nutrition, Scouting and Player Development

Program	Period	Price	Price
Annual Program	1 October - 30 June	Perugia	€ 15.840,00
6 Mounth	1 October - 30 March	Perugia	€ 10.560,00
	7 January - 3 June	Perugia	€ 10.560,00
3 Mounth	1 October - 23 December	Perugia	€ 7.040,00
	7 January - 31 March	Perugia	€ 7.040,00
	1 April - 30 June	Perugia	€ 7.040,00

